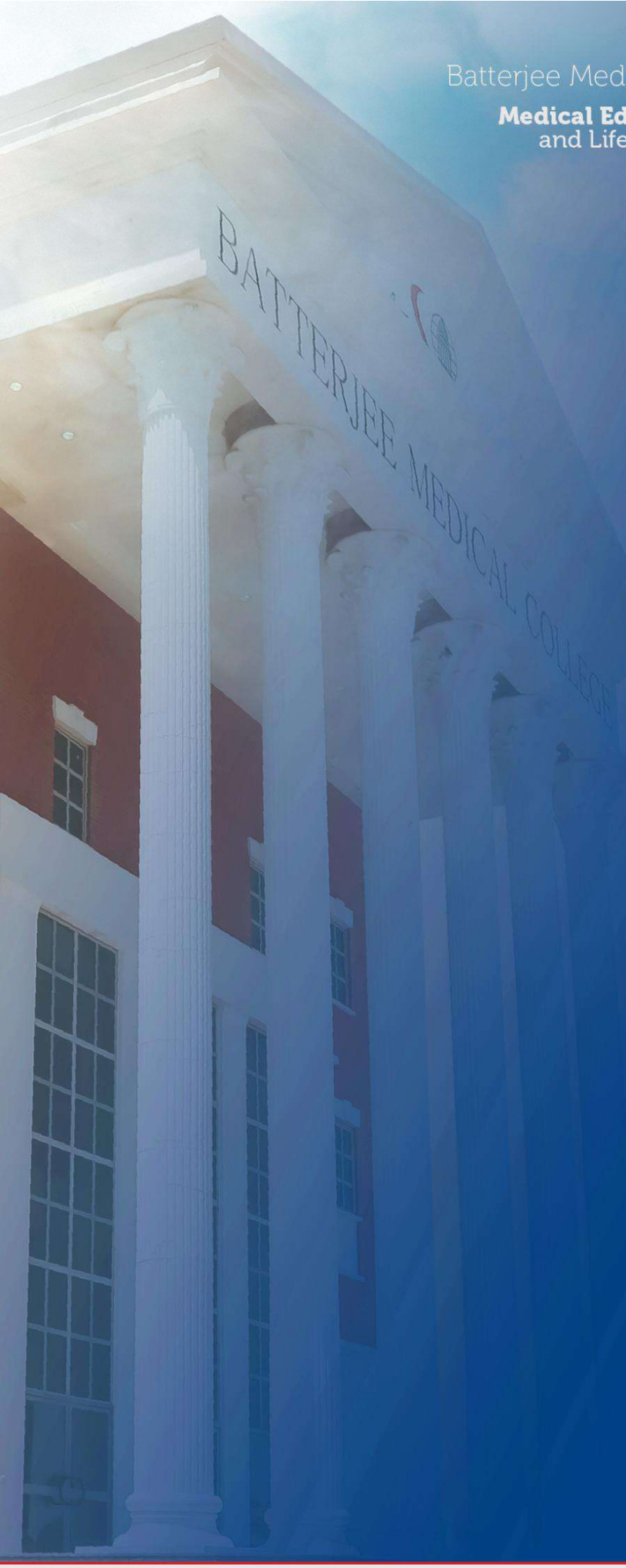
Batterjee Medical College

Medical Education
and Lifestyle



WEEKLY NEWS

MAGAZINE

STUDENT AFFAIRS

2025

BMC

كليات البترجي الطبية
BATTERJEE MEDICAL COLLEGES
SCIENCE AND TECHNOLOGY

Accreditations

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WEEKLY NEWS MAGAZINE

WEEK 1

Editor in Chief:

Dr. Ikhlas Sindi

Written and Designed by:

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Edited by:

Ms. Jawaher Alhassan

Reviewed by:

Ms. Manar Algarni



Learn. Lead. Grow

Batterjee Medical College held the 2025 Orientation Week for Preparatory Year Students. The program aimed to introduce students to college life, academic services, and various student activities, while providing a welcoming environment that encourages learning and participation.

ORIENTATION WEEK



On the first day, students were welcomed with flowers, welcoming messages, and sweets and the Sports Club organized interactive activities to create an engaging atmosphere. External partners, who also participated throughout the rest of the Orientation Week, contributed to the activities on the first day, including Med Scrub, Al-Andalusia Ladies Wellness, Dr. Tensai Café, Lukatme Studio, Eunomia Spa, and Marble Slab Ice Cream.
Following this, the program started with a welcoming speech by Dr. Ikhlas Sindi, Vice Dean of Student Affairs, emphasizing the importance of the college stage as a step toward a distinguished professional future.



Day two featured sessions on Student Rights & Responsibilities, Students' Code of Conduct, Clinical & Emergency Services, and the International Office introduced services offered for international students.
In the afternoon, students engaged with club booths in the main lobby.
Participating Clubs: Health Awareness Club, Healthy Lifestyle Club, Influencers Club, English Club , Sports Club, Multicultural Club.





On the third day, the program began with an introduction on the Preparatory Year and Academic Success Strategies. Later, students led an interactive activity titled *Who's the Impostor?* to promote teamwork and collaboration among students.
The day concluded with participation from the following clubs: Al Fursan Club, Drama Club, Film Club, History Club, Applied Chemistry Club, Medical Innovation Club, Medical Technology Club, Medical Students' Club, Pharmacy Club, Research Club, and Study Strategies Club.



The fourth day featured a series of sessions starting with an introduction to the Student Development Unit, followed by a presentation on the Social Responsibility Unit, and concluded with an overview of the Alumni & Career Development Unit.
The following clubs also participated in the activities: Al Fursan Club, Drama Club, Film Club, History Club, Applied Chemistry Club, Medical Innovation Club, Medical Technology Club, Medical Students' Club, Pharmacy Club, Research Club, and Study Strategies Club.







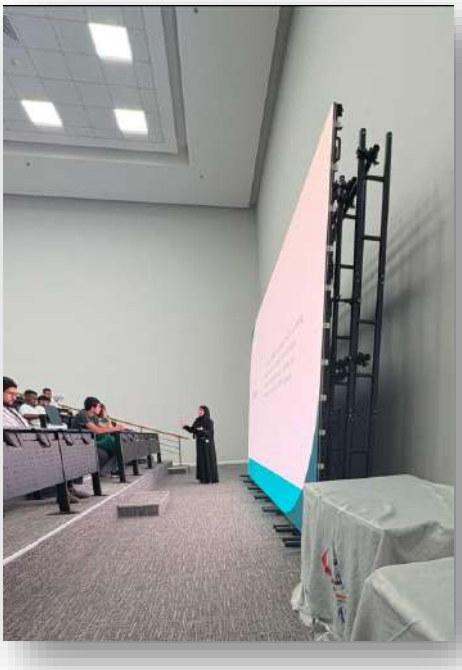
On the fifth day, the Orientation Week concluded with a vibrant Open Day. Students were invited to join a variety of recreational activities, including face painting, PlayStation & Xbox gaming, and arts & crafts workshops. Students also participated in a campus-wide Scavenger Hunt Challenge, adding excitement and a spirit of healthy competition.











BRIDGING AND TRANSFARE STUDENTS

Batterjee Medical College organized a separate program for Bridging and Transfer Students on Sunday, September 7, and Monday, September 8, to support their smooth integration into the college's academic system.

On the first day (Sunday, September 7), the program began with a welcoming speech by Dr. Ikhlas Sindi, followed by the *Student Experience* segment, where BMC students shared their experiences to inspire newcomers, as well as sessions to further orient them such as an introduction to the Students Code of Conduct and the Student Welfare Unit.

On the second day (Monday, September 8), students learned about Attendance & Excuse Policies, followed by an introductory session on the Student Development Unit, then a presentation on the Social Responsibility Unit. Finally, faculty members were invited to conducted introductory sessions for their respective programs and answered students' questions.





National Blood Donation Initiative

Campaign Imitation and Giving

In collaboration with the Jeddah First Health Cluster, the BMC Social Responsibility Unit contributed to the national blood donation campaign . "اقتداء وعطاء" The campaign aims at cultivating a volunteering culture within the community, supporting the health sector national efforts to increase the number of voluntary blood donation to reach 100% of the total number of volunteers. This initiative builds a stable base of voluntary donations and foster community engagement by connecting with potential donors. This national initiative expands the humanitarian leadership efforts in securing sufficient and sustainable supply of human blood to enhance emergency preparedness and resilience to disasters.







رؤيـــة VISION 2030
المملكة العربية السعودية
KINGDOM OF SAUDI ARABIA

WEEKLY NEWS MAGAZINE

WE4EK

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World Tourism Day

BY ALTAMKEEN ALMUSTAMER HIGHER INSTITUTE

On Monday, 29 September 2025, the Tamkeen Al-Mustamer Higher Institute celebrated World Tourism Day. The event featured a dynamic array of activities that unfolded throughout the day. The event began with wonderful opening remarks, followed by an engaging video highlighting tourism before and after. The morning continued with a student-led roleplay titled “Pioneers of Tourism,” a music therapy session, and an inspiring speech by the first guest speaker. The program included, yet, another roleplay, the second speaker with a distinguished speech, and a video focusing on heritage. Attendees then took part in the interactive “Pioneers of Tourism” activity and watched a short film celebrating cultural heritage. In addition to the main program, the event also featured booths and activities of Medyaf promoting skills in the hospitality sector and achieving the promised 2030 Vision.







Independent Nigerian Day



International Student Office

On Tuesday, 30th of September, the International Student Office, in collaboration with the Nigerian Association, at BMC recently hosted a special event to celebrate Nigerian Day. This magnificent celebration achieved the acknowledgement and pride of the cultural heritage of Nigerian students while promoting mental and emotional well-being. The event, which featured traditional Nigerian music, dances, and cultural displays, allowed students from all backgrounds to experience the beauty and uniqueness of Nigerian customs.



From colorful attire to delicious Nigerian cuisine, the event served as a space for cross-cultural engagement, adapting an atmosphere of unity and inclusivity within the community. In her opening remarks, the Head of the International Student Office, Mrs. Alia Najdi highlighted the importance of such initiatives in growing a supportive environment for international students. Such celebrations align with BMC missions as a whole. By celebrating Nigerian Day, BMC not only honored the Nigerian students but also set a powerful example of how embracing diversity can enhance the overall student experience, academically and personally.















Student Welfare Unit

Unlocking the Triangles of Happiness

Unlocking the Triangles of Happiness

On Tuesday, September 30th, BMC male students had the unique opportunity to attend an inspiring lecture titled "Psychological Skills and Principles of Happiness" by Dr. Faleh Aburjeelah. With warmth and expertise, Dr. Faleh introduced the audience to his pioneering framework, the “Triangles of Psychology,” a model designed to help individuals understand and align their thoughts, emotions, and behaviors. The session was not only informative but deeply engaging. Dr. Faleh guided students through practical strategies to overcome frustration, make confident decisions, build resilience, and strengthen self-belief. He emphasized the power of positive communication and the importance of influencing others with empathy and clarity. Students walked away with actionable skills to navigate daily challenges, nurture emotional balance, and pursue a more fulfilling life. The lecture highlighted that happiness is not just a fleeting feeling but a skill that can be cultivated through awareness, practice, and the right psychological tools. The event resonated with the audience and underscored BMC’s commitment to fostering not only academic growth but also the mental well-being and personal development of its students.



Campaign Imitation and Giving

The event titled “How to Get Involved Effectively in a Research Project”, organized by the Research Club, was designed to guide students and early-stage researchers on how to actively and productively contribute to research activities. The session highlighted essential aspects of research involvement, including understanding researcher responsibilities, selecting and refining research topics, identifying novel contributions, and preparing for the peer-review process. The workshop combined theoretical insights with practical examples to help participants build confidence and competence in their research journey.







WEEKLY NEWS MAGAZINE

WEEK 5

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Debate Club

Debate Tournament

The Debate Club hosted a workshop that successfully enhanced participants' debate skills and public speaking abilities. Attendees, ranging from beginners to seasoned debaters, engaged in a dynamic environment where they explored essential debate techniques and effective argumentation skills. The workshop covered key strategies for constructing persuasive arguments, mastering rebuttal tactics, and utilizing effective research methods. Participants learned to articulate their ideas confidently and engage in constructive discourse. Overall, the event provided a valuable opportunity for everyone to refine their skills and connect with fellow debate enthusiasts.







The Chemistry of Beauty and Care



The Chemistry Club organized a workshop that introduced participants to the science behind cosmetic and skincare products. The session explained the chemical roles of essential ingredients and their effects on skin health, emphasizing how chemistry plays a vital role in everyday life. The event featured an educational lecture, live demonstrations of key ingredients, and an interactive competition that engaged students and reinforced their understanding through hands-on learning.



Travel Storytelling Open Mic







The Tourism Club organized the Travel and Cultural Storytelling Open Mic, an engaging event that gave students a platform to creatively share their inspiring travel experiences and unique stories influenced by Saudi customs, culture, and traditions. The event aimed to connect tourism learning with real-life adventures while enhancing participants' storytelling and public speaking skills. Many of the shared stories beautifully combined traditional and modern perspectives, promoting pride in national identity and cultural awareness. Exceptional storytellers were recognized for their creativity and originality, making the event both educational and memorable for all attendees.



Female Sport Club

A Step Toward the Future of Community Sports Groups

The Saudi Sports for All Federation, in collaboration with Al-Ittihad Club, organized a series of workshops as part of the Community Sports Groups Development and Support Program. The workshops covered key topics such as sports training science and its elements, healthy lifestyle practices, types of sports injuries and the role of sports medicine, and the secrets behind athletes' high performance. Thuraya Qari, from the **Sports Club**, attended the workshops, which provided her with valuable knowledge and a deeper understanding of the importance of community sports and their positive impact on daily life.







WEEKLY NEWS MAGAZINE

WE 6 EK

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Breast Cancer Awareness Campaign

The Breast Cancer Awareness event, organized by the **Health Awareness Club** at Rowad Al Khaleej International Schools, aimed to educate students about the importance of early detection and self-examination. The team organized interactive sessions and presentations to correct common misconceptions and promote a better understanding of breast cancer. Educational brochures, demonstrations, and awareness activities were conducted in a simple and engaging way to ensure the information was clear and suitable for the targeted age group.





The Mental Health Awareness event

Student Welfare Unit

The Student Welfare Unit hosted the **Mental Health Awareness & Screening Event,** a vibrant and educational initiative that brought together students, wellness professionals, and creative minds for a shared purpose: to normalize conversations around mental health and encourage proactive self-care. The event, held in both the male and female sections, created an inclusive and welcoming atmosphere for all. Students had the opportunity to engage with three participating clinics: Mutma'inah Clinic, which provided psychoeducational materials and anxiety assessments; Etizan Psychological Center, which offered private consultations and psychological activities; and the ACT Clinic, which shared practical tools and insights on therapy and wellness practices. Adding a creative dimension to the event, the Influencers Club presented an expressive art initiative titled "Express Your Emotions Through Art." This activity invited students to channel their emotions through artistic expression, reinforcing the vital role of creativity in emotional regulation and self-awareness.









The Mental Health Awareness event
Student Welfare Unit



Booths were filled with engaging and informative materials from brochures and business cards to discount vouchers and self-care guides, giving students tangible resources to continue their mental wellness journey. Interactive activities on stress management and emotional regulation added a fun yet meaningful touch to the event's educational focus. The outcomes were clear and impactful: students left with heightened awareness about mental health, a stronger inclination to seek help when needed, and a deeper understanding of self-care strategies. The event not only fostered collaboration between the college and mental health professionals but also strengthened the culture of empathy and support within the BMC community.

As mental health continues to take center stage in global health conversations, BMC's Mental Health Awareness & Screening Event stands as a shining example of how knowledge, creativity, and collaboration can build a stronger, more compassionate student community.





Express Yourself Through Art, by the Influencer Club

The Influencers Club hosted an inspiring event titled ***"Express Yourself Through Art: Promoting Mental Health Through Creative Expression."*** The session provided a supportive and welcoming environment where students could connect with peers, take a refreshing break, and reflect on their emotions. Participants explored art as a tool for stress relief and self-expression through activities such as "Draw Your Emotion," clay modeling, painting, and other creative exercises that encouraged mindfulness and self-awareness. Beyond artistic enjoyment, the activity fostered open discussions about mental health, self-care, and mindfulness, breaking barriers and normalizing conversations around emotional well-being.









Debate Tournament by the Debate Club



The first round of the Debate Tournament featured an engaging discussion on the motion: "The House Believes that it was Ethical to Make the COVID-19 Vaccine Mandatory." Two teams, Triple Helix and Debate Divas, competed in a structured debate where each side, affirmative and negative, presented well-researched arguments, rebuttals, and cross-examinations. The event began with opening statements and progressed through dynamic exchanges of ideas, allowing participants to challenge opposing viewpoints with logic and evidence. A panel of judges evaluated the debaters based on argumentation, clarity, and delivery, while audience members voted for the team that persuaded them the most, adding an interactive and engaging element to the competition.





WEEKLY NEWS MAGAZINE

WEEK 7

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Skin Cancer Awareness Campaign, by the Medical Technology Club

The Skin Cancer Awareness Campaign, organized by the **Medical Technology Club** at King Abdullah Medical Complex, brought together students, healthcare professionals, and visitors for an interactive learning experience focused on understanding skin cancer; one of the most common yet preventable forms of cancer. Through engaging discussions and informative displays, participants learned about the different types of skin cancer, their risk factors, and effective prevention methods. Visitors also had the opportunity to explore modern diagnostic techniques such as dermascopy and punch biopsy, gaining insight into how technology is transforming dermatological care. The campaign showcased how early detection, combined with innovative medical tools, can make a life-saving difference. Beyond education, the campaign served as a platform for community engagement and student involvement, inspiring attendees to become advocates for skin health and proactive care.







Breast Cancer Awareness Campaign at Narcissus Resort, by the Health and Wellness Tourism Program and Pharmacy Program



In a remarkable fusion of health, education, and community service, students from the **Health and Wellness Tourism Program** and the **Pharmacy Program** collaborated to organize the Breast Cancer Awareness Campaign at the Narcissus Resort. The campaign reflected BMC's growing commitment to social responsibility and national health awareness initiatives. Over the course of three days, groups of students engaged resort guests and visitors in conversations about breast cancer prevention, early detection, and healthy lifestyle practices. Through interactive discussions and educational materials, participants learned how small daily habits and proactive health checks can make a lasting difference.

This interdisciplinary collaboration showcased the synergy between health sciences and tourism education, as students transformed a leisure environment into a hub of meaningful awareness. The event also strengthened partnerships between Batterjee Medical College, Tamkeen AlMustamir Institute, and the hospitality sector, paving the way for future health and wellness collaborations. Beyond promoting awareness, the campaign was a powerful learning experience for the students. By applying theoretical knowledge in a real-world setting, they enhanced their communication, leadership, and teamwork skills, while embodying BMC's mission to unite education, community service, and health promotion.





Breast Cancer Awareness Campaign at Saudi German Hospital, by the Radiology Program in collaboration with the Social Responsibility Unit





In a meaningful effort to promote health education and early detection, the **Radiology Program,** in collaboration with the **Social Responsibility Unit,** organized a Breast Cancer Awareness Campaign at Saudi German Hospital. The event brought together students, healthcare professionals, and community members with a mission to raise awareness and encourage proactive health practices. The hospital's lobby was transformed into a vibrant pink-themed awareness zone, where visitors explored booths highlighting the importance of early detection, common symptoms, and the correct technique for self-breast examination. Radiology students engaged participants through interactive activities designed to correct misconceptions surrounding breast cancer. To further inspire involvement, attendees received pink ribbons, informative flyers, and thoughtful giveaways, each symbolizing support and solidarity with those affected by the disease. The photo area, decorated in pink, provided an uplifting space for visitors to capture moments of awareness and unity.





The Art of Seeing: Photography as Self-Therapy, by the Photography Club



In a world that moves at lightning speed, finding moments of stillness can be a challenge. This week's workshop, "The Art of Seeing: Photography as Self-Therapy," invited students to pause, observe, and connect with their surroundings through the lens of a camera. The session began with an insightful presentation exploring how photography can serve as a powerful tool for self-expression. Participants discovered how capturing everyday details like light, texture, shadow, and emotion can help transform ordinary moments into reflections of inner peace and creativity. Following the presentation, students took part in a hands-on activity where they experimented with taking and editing images, applying the techniques they had just learned.





Promoting Mental Health and Well-being Through Occupational Therapy



As mental health awareness continues to grow, understanding the diverse roles within rehabilitation and recovery is more important than ever. In line with this vision, BMC's **Occupational Therapy Program** hosted an educational session titled "Promoting Mental Health and Well-being Through Occupational Therapy" in collaboration with Masar Center. The session aimed to highlight the crucial role of occupational therapy (OT) in supporting individuals navigating mental health challenges and addiction recovery. Through engaging presentations and hands-on demonstrations, participants discovered how OT empowers individuals to regain independence, enhance daily functioning, and improve overall quality of life. The event offered invaluable practical exposure to community engagement and interprofessional education for participating students, bridging the gap between classroom learning and real-world application.







WEEKLY NEWS MAGAZINE

WEEK 8

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STRONGER THAN INJURY





The first aid and prevention for women athletes

The Female Sports Club, led by Ms. Sumaiah Alfarshooti, organized the "Stronger than Injury" event, which aimed to raise awareness among students about sports injuries and methods of prevention. All sports clubs at the college (basketball, volleyball, karate, swimming, and padel) took part in the event, presenting engaging activities and sports challenges while highlighting the most common injuries in their respective sports and how to avoid them. The Swimming Club also focused on water safety and drowning prevention. The event featured an awareness booth on sports injury prevention, while Khotta Clinic for Physical Therapy, in collaboration with ERA Sports, conducted a workshop on sports injuries, prevention basics, and first aid techniques.







STRONGER THAN INJURY



Her Fitness Club enriched the event with exciting sports challenges and the distribution of gifts such as T-shirts, mugs, and protein bars, while the Medical and Pharmaceutical Services Company participated by offering samples of medical products to the students. The event concluded with an atmosphere of enthusiasm and active participation, as students expressed their appreciation for the valuable information, they gained about sports injury prevention and the importance of exercising safely and responsibly, reflecting the college's commitment to promoting health awareness and fostering a culture of fitness and safety among students.











Skills for Success Workshop

Skills Development Club

The Skills Development Club hosted an engaging Skills for Success workshop, presented by Aseel Alghamdi designed to help students strengthen their communication and networking skills, both online and in real-world settings. Through interactive activities and practical discussions, participants learned how to express themselves professionally, build authentic connections, and develop the confidence needed to thrive in academic and professional environments. The session also highlighted the importance of personal growth and adaptability as essential tools for future success. Students left the workshop feeling empowered and equipped with new skills to drive lifelong learning and meaningful engagement.





Passing the Torch

A Panel Discussion with Club Presidents

The AlForsan Club successfully organized “Passing the Torch: A Panel Discussion with Club Presidents,” an engaging session aimed at fostering leadership continuity and mentorship among student organizations. The event featured a panel of current and former club presidents who shared their personal experiences, leadership challenges, and the lessons they learned throughout their tenures. The discussion offered valuable insights on effective leadership, teamwork, and the importance of creating a lasting impact within student-led initiatives. Panelists also emphasized communication, accountability, and collaboration as essential qualities for future leaders. The session drew an audience of approximately 40 attendees, comprising students, aspiring club officers, and active members of various clubs. The atmosphere was interactive and inspiring, with participants engaging in thoughtful Q&A sessions and open discussions. Overall, “Passing the Torch” served as a meaningful platform for knowledge exchange and leadership development, successfully encouraging the next generation of student leaders to take initiative and continue building a strong culture of excellence at BMC.









WEEKLY NEWS MAGAZINE

WEEK 9

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FIELD VISIT TO KAMC COMPLEX

DEPARTMENT OF MEDICAL RECORDS AND CODING

The field visit, organized by the Health Management Program under the supervision of Ms. Ghadeer Alshanbari, introduced students to the Department of Medical Records and Coding at King Abdullah Medical Complex. During the visit, students toured the medical records unit, coding department, and electronic records section, where they interacted with staff who explained workflow processes, data handling, and confidentiality measures. The visit effectively connected classroom theory with professional practice and deepened students' understanding and appreciation of information management within hospital operations.





INTERNATIONAL DAY OF ELDERLY PEOPLE



General Dentistry Program – Social Responsibility & Sustainability Unit

On October 28, 2025, the General Dentistry Program at Batterjee Medical College participated in the International Day of Elderly People celebration held at Dar Al-Hekma University. A dedicated team of 16 students and 3 faculty members worked collaboratively to raise awareness about oral and general health among elderly attendees aged 60 to 90. The team delivered mini-lectures, conducted practical demonstrations using tooth models, and distributed oral-care kits and educational pamphlets. This initiative reflected BMC's strong commitment to social responsibility and sustainable community engagement, while promoting compassion, respect, and dignity for the elderly.











FIELD VISIT TO KAMC COMPLEX



RISK & SAFTY DEPARTMENT AND HUMAN RESOURSES DEPARTMENT

Level 4 Health Management students visited King Abdullah Medical Complex as part of the Risk and Crisis Management and Hospital Management courses, under the supervision of Ms. Ghadeer Alshanbari. The visit began at the Risk and Safety Department, where the team explained the hospital's risk assessment processes, incident reporting systems, and emergency preparedness plans. The students then proceeded to the Human Resources Department, where they learned about recruitment, training, and staff evaluation procedures. The visit successfully connected theoretical learning with real-world hospital management practices, enriching the students' understanding of operational and administrative functions.





THE HEALTH THROUGH *KNOWLEDGE*



The Health Through Knowledge initiative was an educational and interactive program organized by the Health Management Department under the supervision of Dr. Rana Aljaroudi and Mr., Rafat Alhindi aimed at increasing awareness of rare, viral, and health-related diseases. Developed as part of the students' coursework, the program successfully blended academic learning with practical skill-building in a collaborative environment. It educated participants on important health topics while enhancing students' communication, teamwork, and project planning skills. The initiative also supported academic assessment through research-based activities, group presentations, and collaborative work. As part of the program, students visited Jeddah International College, where they engaged in interactive discussions with peers and faculty, creating meaningful opportunities for knowledge exchange.





DEBATE TOURNAMENT

Debate Club



The first round of the Debate Tournament featured an engaging discussion on the motion: The House Believes that Cryptocurrency Should Be Heavily Regulated Two teams, Ethos and vox veritas, competed in a structured debate where each side, affirmative and negative, presented well-researched arguments, rebuttals, and cross-examinations. The event began with opening statements and progressed through dynamic exchanges of ideas, allowing participants to challenge opposing viewpoints with logic and evidence. A panel of judges evaluated the debaters based on argumentation, clarity, and delivery, while audience members voted for the team that persuaded them the most, adding an interactive and engaging element to the competition.





FIRST AID WORKSHOP

Red Sea Global students participated in a First Aid Workshop delivered by Dr. Wahid Alattas, which aimed to teach the basic principles and techniques for providing immediate assistance in cases of serious injury or illness. During the workshop, the students successfully applied the skills required to manage cases of unconsciousness (CPR). They also demonstrated their ability to effectively handle cases of choking, bleeding, and epilepsy. The session provided valuable hands-on experience, enhancing the students' confidence and preparedness to respond to medical emergencies.









WEEKLY NEWS MAGAZINE

WE 10 EK

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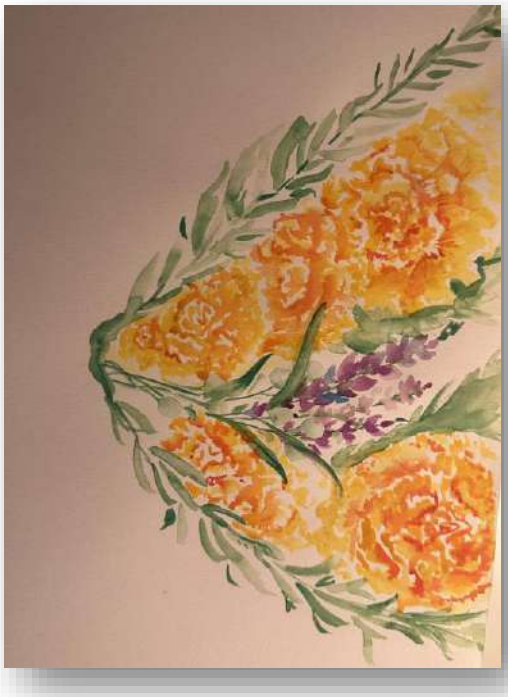
ARTIST OF THE MONTH

The Winners of the Breast Cancer Awareness Art Competition

The **Art Club** organized an art competition aimed at raising awareness about **breast cancer**, featuring creative entries from talented students across various academic programs. The competition stood out for its artistic quality and powerful messages of hope and empowerment



Wujud Abdullah Al Angari presented a **watercolor painting of bright marigolds and soft lavender**, symbolizing *hope, strength, and healing*. Her artwork reflected remarkable precision and advanced techniques that showcased her creativity, capturing the spirit of **resilience, compassion, and unity** in breast cancer awareness.



Ola Aljaser created a painting that beautifully represented **strength, hope, and awareness** in the fight against breast cancer. The **faceless figure** in her artwork symbolized every woman emphasizing unity and shared resilience while the **pink ribbon** at the center stood as a universal sign of support and remembrance.

At the conclusion of the event, both students were recognized for their exceptional creativity and contribution to promoting health awareness through art, reaffirming the **Art Club's** mission to use creativity as a bridge between beauty and meaningful social causes.



Multicultural Day

was organized at BMC by Ms. Alia Najdi from the International Office, celebrating the college's rich cultural diversity and promoting unity among students from various nationalities. The event featured a lively and vibrant atmosphere, with beautifully arranged booths representing cultures from around the world. Participants showcased their heritage through traditional attire, cultural artifacts, and a variety of traditional foods that allowed attendees to enjoy an authentic global experience.













Multicultural Day

The celebration also included artistic performances and traditional dances that captivated the audience and added excitement to the event. These performances helped strengthen the sense of connection, belonging, and appreciation among the college community. Overall, it was a wonderful occasion that embodied the values of understanding, mutual respect, and the celebration of cultural diversity at Batterjee Medical College, highlighting the importance of embracing









Time Management & Mental Well-Being Workshop

Empowers Students to Find Balance

The Student Welfare Unit organized an insightful Time Management & Mental Well-Being Workshop aimed at helping students develop practical strategies to manage their time and reduce academic stress. The session was led by Mr. Yazeed Bahemdan, Psychologist and M.A. Researcher in Counseling Psychology, who shared valuable techniques for improving focus, prioritizing tasks, and maintaining a healthy life balance.





The workshop highlighted the strong connection between time management and mental well-being, encouraging students to adopt simple yet effective methods to enhance both productivity and self-care.The event saw active participation from male students across various academic programs, including those from the Red Sea Global campus, reflecting BMC's ongoing commitment to student wellness and cross-campus collaboration.





WEEKLY NEWS MAGAZINE

WEEK 11

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BRAINROT AWARNES





Students from the Radiological Science Program organized an innovative awareness event titled *"Brain Rot Awareness Booths"* aimed at highlighting the impact of excessive social media use on students' concentration and academic performance. The event featured interactive, student-led booths where participants were educated about the risks of digital overload and the decline in attention span caused by continuous exposure to fast-paced online content. The booths also included an attention-measurement game, allowing students to experience firsthand how digital distraction can impair cognitive focus. This hands-on component helped promote healthier digital habits and encouraged students to manage their screen time more effectively. The initiative received strong engagement from students and visitors alike, who praised the program's proactive role in addressing contemporary issues affecting students' mental well-being and academic success.

THE INTERNATIONAL DAY OF RADIOLOGY





The International Day of Radiology was organized by the Radiology Program at Saudi German Hospital in Makkah through a series of interactive booths, each dedicated to a different imaging modality. Students had the opportunity to explore X-ray, CT, MRI, Ultrasound, and Nuclear Medicine through hands-on demonstrations and educational materials



The event aimed to raise awareness about the critical role of medical imaging in healthcare, promote radiology safety, and enhance student engagement through informative and interactive activities. Participants also received an orientation in the Radiology Department conducted by the Head of Department, where they were introduced to safety protocols, equipment handling, and departmental procedures.





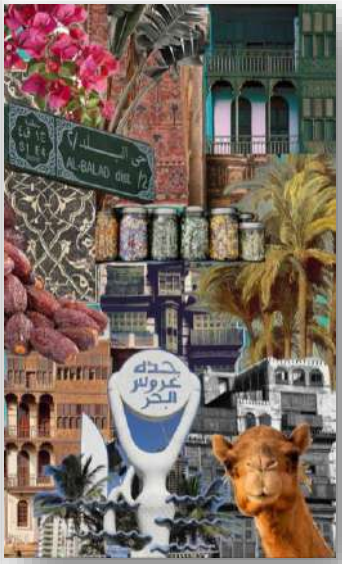
ADAPTING TO LIFE in Jeddah





The International Student Unit hosted a workshop titled “Adapting to Life in Jeddah,” presented by Ms. Manar Al Garni. The session aimed to support international students as they navigate a new culture and environment. The workshop touched on cultural norms, daily life essentials, communication styles, and practical adaptation skills to help students transition smoothly into life in Jeddah. Students also explored strategies to build confidence, strengthen community connections, and overcome common challenges faced when settling into a new country.







DEBATE TOURNAMENT





By the Debate Club

The third round of the Debate Tournament featured an engaging discussion on the motion: The House Believes that Space exploration is a misallocation of human resources. Two teams, Jester's Advocates and The Debatrix, competed in a structured debate where each side, affirmative and negative, presented well-researched arguments, rebuttals, and cross-examinations. The event began with opening statements and progressed through dynamic exchanges of ideas, allowing participants to challenge opposing viewpoints with logic and evidence. A panel of judges evaluated the debaters based on argumentation, clarity, and delivery, while audience members voted for the team that persuaded them the most, adding an interactive and engaging element to the competition.



HOSPITALITY ETIQUETTE & GUEST SERVICE EXCELLENCE WORKSHOP



The Tourism Club conducted a hands-on workshop titled “Hospitality Etiquette & Guest Service Excellence”. The session introduced students to the essentials of professional hospitality conduct, guest interaction standards, and the best service practices used in tourism and hotel environments. The workshop included short demonstrations, interactive discussions, and real-life service scenarios to help students understand proper etiquette and guest-facing conduct.



WEEKLY NEWS MAGAZINE

WEEK 12

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Ms. Manar Algarni



SECOND HEALTH CLUSTER

The Social Responsibility Unit invited the students of BMC to undergo vital-sign assessments to help manage chronic diseases, prevent complications, and identify potential risks of developing chronic health conditions. The recorded vital signs appeared on the "صحتي" platform, which contributed to monitoring and supporting various health cases. Additionally, the "طمنا عليك" campaign was launched in collaboration with the Second Health Cluster to achieve the campaign's goals of health education, promoting public health, and enabling early disease detection.









CURRENT CHALLENGES IN THE DEDICAL FIELD



The workshop was a discussion between Mohamed Abouassad (President of MIC) and Dr. Hader Sakr (An innovation example), elaborating on the current challenges in the medical field. The discussion emphasized the difficulties and challenges facing students, including the competition intelligence landscape among field members, the studying style change through years, the efficient utilization of Artificial Intelligence (AI), and how students can prepare themselves for their careers after graduation, taking into consideration the Saudi Commission for Health Specialties' requirements.







DENTISTRY AWARENESS EVENT



An awareness event on dental health, titled "The Science of Tooth Decay - Understanding and Preventing Tooth Decay Risk Factors," was held. The event successfully achieved its objectives by enhancing participants' understanding of tooth decay, including risk factors such as diets high in sugar and poor oral hygiene, as well as preventative measures such as fluoride use and regular dental checkups. The session encouraged the adoption of healthier oral hygiene practices, including brushing teeth twice daily with fluoride toothpaste and reducing sugary snack consumption. The event also promoted increased community participation in oral health initiatives and highlighted the importance of preventative dental care. The event was conducted interactively, providing a clear explanation of the progression of tooth decay and emphasizing the importance of maintaining good oral health. The activity contributed to raising awareness and improving participants' knowledge and habits regarding oral and dental health.







TIME MANAGEMENT & LIFE BALANCE



The Student Welfare Unit organized an insightful workshop titled “Time Management: Life Balance & Personal Well-Being”, presented by Dr. Hassan Rezk, Associate Professor of Neuroanatomy and Senior Advisor for the BMC GMP Programs. The session aimed to guide medical students in managing their academic responsibilities more effectively while maintaining personal balance and emotional well-being. The workshop included a comprehensive overview of the challenges faced by medical students, emphasizing the importance of building healthy routines, planning ahead, and adopting effective study habits. Through practical examples, engaging visuals, and real-life scenarios, Dr. Hassan highlighted the key components of efficient time management and the impact of organized routines on academic success.



DIY SKINCARE WORKSHOP

The DIY Skincare Workshop, organized by The Health & Beauty Club, was an interactive hands-on session where participants learned how to create natural, chemical-free skincare products using simple home ingredients. The event included a live demonstration followed by a practical activity in which students prepared their own skincare mixes. The workshop successfully promoted safe skincare habits, sustainability, and self-care. Attendees enjoyed an engaging experience, took home their customized products, and received small giveaways as part of the session.







Health & Beauty Club





VOLUNTEER WITH THE SAUDI RED CRESCENT



In collaboration with the Saudi Red Crescent Authority, students from BMC volunteered to provide first aid services at the Jeddah Corniche from November 20 to 26. This initiative significantly contributed to serving the community by offering immediate medical support. It also gave students the opportunity to practice their first aid skills under the supervision of experienced professionals, enhancing their readiness and ability to respond effectively in emergency situations. Furthermore, the activity fostered a sense of social responsibility among the students and encouraged their participation in community initiatives that promote health awareness. Overall, this volunteering effort had a positive impact on both the students and the community, combining practical learning with service to others, and highlighting the role of educational institutions in developing student skills and contributing to societal well-being.







WEEKLY NEWS MAGAZINE

WEEK 13

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يوم التطوع السعودي والعالمي

BMC students' photos topped the coverage of the Saudi and International Volunteer Day during their field participation in the Grand Mosque in Makkah, where the students provided health-related volunteer services to the guests of the Holy Mosque, assisted in organizing the movement of pilgrims and worshippers, and offered first aid and guidance. Their remarkable efforts and humanitarian spirit drew significant media attention, reflecting an honorable image of the college and its role in promoting a culture of volunteerism and serving the community in the holiest place on earth.





PATIENT EMPOWERMENT CAMPAIGN





The event was held at the Saudi German Hospital (SGH-Jeddah) next to the outpatient pharmacy, where the campaign aimed to support the efforts of the WHO Global Patient Safety Challenge by educating attendees on organizing their medication lists through the “Know Your Meds” activity, promoting safe medication habits at home with demonstrations on reading labels and understanding the risks of sharing or stopping medicines without medical advice, introducing the “Ask Me 5” initiative by role-playing essential questions patients should ask their healthcare providers, and explaining the process of reporting medication errors to strengthen a culture of learning rather than blame.







TIME TRAVELER'S FAIR



HISTORY CLUB



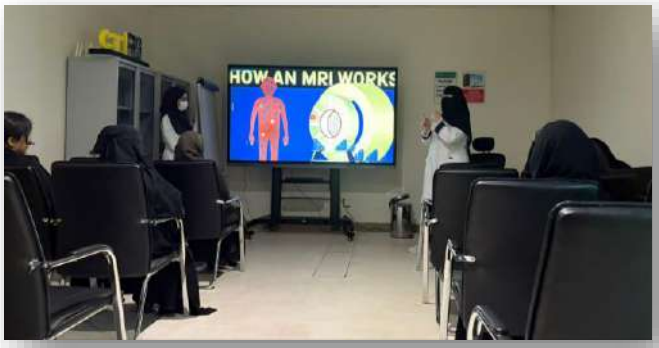
The Time Travelers' Fair was a vibrant and educational event featuring six thoughtfully curated booths, each representing a different historical era: Prehistoric Times, Ancient Greece, the Golden Age of Islam, the Mughal Empire, Medieval Europe, and the Age of Exploration. Each booth brought its era to life through culturally rich displays, traditional elements, and highlights of daily life, achievements, and iconic foods from the time. Participants were warmly welcomed to explore, interact and learn through engaging quizzes, mini-games and creative activities designed to spark curiosity. With dynamic volunteer support and a lively atmosphere, the event offered a meaningful blend of entertainment and education—ultimately achieving its goal of making history accessible, enjoyable and inspiring for all attendees.







ALFAISALEYA SCHOOL VISIT



BMC welcomed a group of female students from Al-Faisaliah Schools Health Track on Thursday, December 4, as part of their educational visit to learn about the medical specialties and academic environment offered by the college. The visit began with a warm reception by the Admission and Registration Department, which delivered a comprehensive presentation introducing the college, its available health-related programs, admission requirements, study system, and the academic advantages and clinical training opportunities that distinguish its programs.





Following the presentation, the students were taken on a campus tour that included the laboratories and educational clinics, where they learned about the modern equipment and the nature of practical training provided to students of health specialties. They also had the opportunity to ask questions and interact with the supervisors throughout the tour. This visit comes as part of the college's efforts to support health-track students, introduce them to future academic pathways, and enhance their understanding of medical fields and the healthcare work environment.







The Aoun Journey Initiative

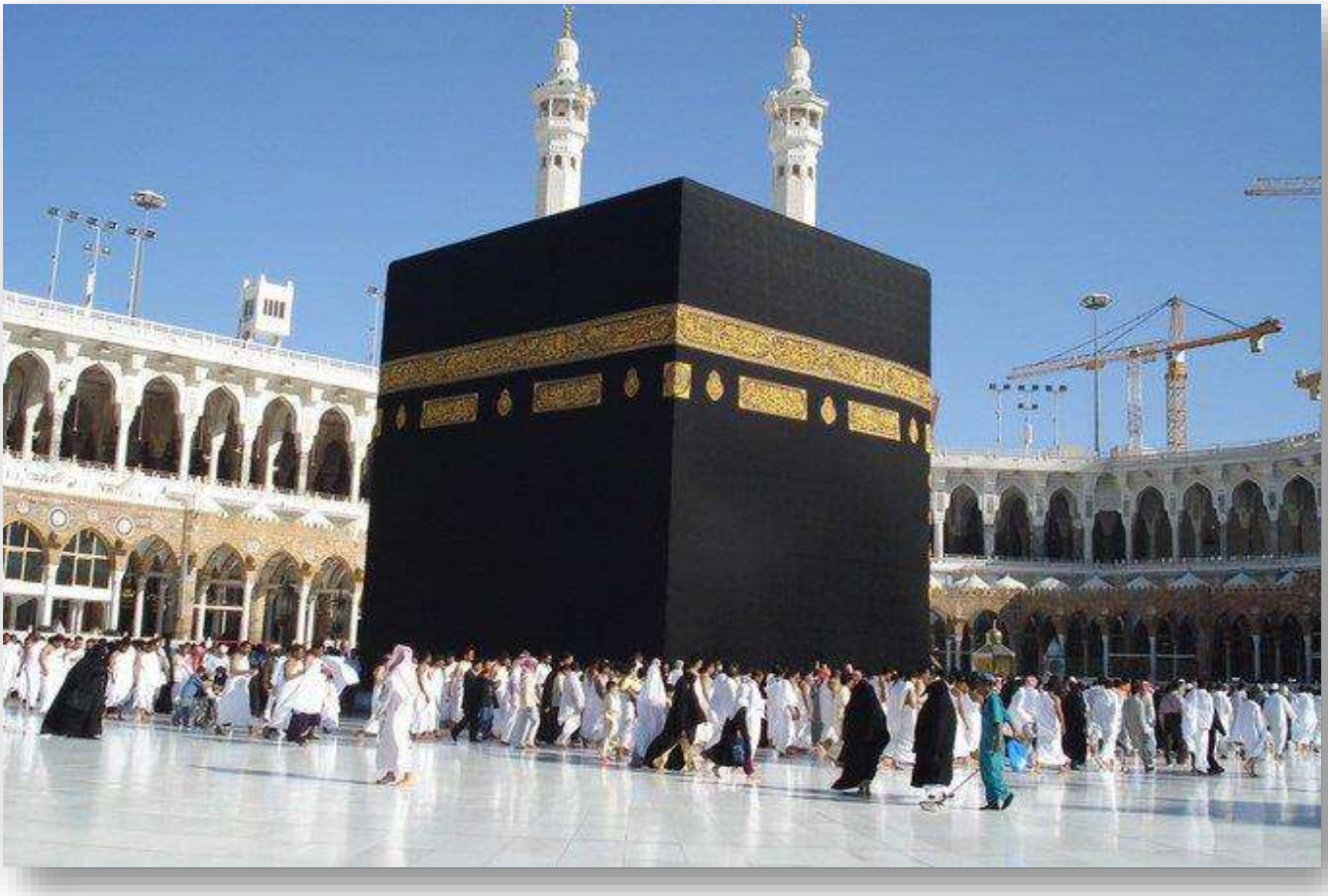


The Occupational TherapyProgram, in collaboration with the Aoun Center and the Social Responsibility Unit, organized the "Aoun Journey" initiative in celebration of the International Day of Persons with Disabilities. The initiative targeted families of children with Down syndrome and aimed to raise awareness of the role of occupational therapy in supporting children's abilities and enhancing their participation in daily activities. The initiative included a variety of practical activities that helped developing parents' understanding of children's motor, cognitive, and social skills, contributing to stronger connections between practitioners and families while providing meaningful and supportive guidance on a day dedicated to an important humanitarian cause.





UMRAH TRIP



The Student Development Unit at BMC organized an Umrah trip for its female students. The group departed from the college according to carefully planned arrangements aimed at providing a safe and meaningful spiritual experience. The students performed the Umrah rituals smoothly in an atmosphere filled with calm and serenity, giving them the opportunity for spiritual reflection and closeness, away from the pressures of study. The trip concluded with everyone returning to the college safely after a day full of relaxation and tranquility.



SOL BEACH





The Student Development Unit organized a recreational trip to SOL Beach, giving students the perfect chance to decompress and unwind before the stress of final exams. The outing created a relaxing atmosphere where students could recharge, connect with one another, and return to campus feeling motivated. This simple break proved that sometimes a day by the sea is exactly what students need to reset before diving into their academic challenges.



ISLAMIC YOUTH CLUB



This month, our youth gathered under the banner of "Qur'an in My Heart" to strengthen our connection with Allah through reflection and discussion. The sessions were filled with energy, curiosity, and heartfelt conversations as we explored how the Qur'an continues to guide us through every stage of life. Together, we aimed to rediscover the spiritual beauty hidden in its verses and how they apply to our everyday struggles and hopes



HEALING IN ISLAM

Our first session, "Healing in Islam," focused on how true healing comes not only from medicine but also from faith, dua, and trust in Allah's plan. Through verses of the Qur'an and stories from the Sunnah, we learned that emotional, spiritual, and physical healing all begin with turning back to Allah. The youth shared inspiring reflections on how gratitude, patience, and prayer can soothe the heart even in the hardest times.



AYAT AL KURSI

In our second topic, "Ayat al-Kursi," we explored one of the most powerful verses in the Qur'an a verse of protection, majesty, and divine knowledge. The discussion helped us appreciate how reciting Ayat al-Kursi can be a daily shield, reminding us that Allah s power surrounds and safeguards us at all times. The session ended with each member sharing how they plan to make this verse part of their daily routine, keeping the light of the Quran alive in their hearts.

HOW PUBLIC SPEAKER CAN REDEFINE YOU

A Skills Development Club x Lasin for Toastmasters Workshop





The Skills Development Club, in collaboration with Lasin Club for Toastmasters, hosted an inspiring workshop titled "كيف تصنعك الخطابة من جديد". The workshop drew enthusiastic students, all eager to strengthen their communication and public-speaking skills. The workshop introduced students to the world of Toastmasters, its goals, pathways, and the benefits of joining. Participants then experienced the full Toastmasters journey: delivering prepared speeches, taking on fun impromptu speaking challenges, and receiving constructive evaluations to help refine their skills. The workshop not only boosted students' confidence on stage but also highlighted the power of quick thinking and creative expression.





NURSING CAREER DAY

The Nursing Department at BMC participated in the Nursing Career Day and Career Day hosted by King Saud University – College of Nursing on 1 December 2025. The BMC booth highlighted nursing education and career pathways through a combined video presentation featuring BMC Nursing Programs and Islamic Nursing History, emphasizing the legacy of Rufaida Al-Aslamia using a visual timeline. The booth also focused on extracurricular activities and community service opportunities available in Saudi Arabia. Two BMC Human Resources representatives were present to support graduating and intern students by providing application QR codes and guidance, with assistance from BMC interns throughout the application process.









WEEKLY NEWS MAGAZINE

WEEK 14

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PATHOLOGY ART



CANVAS OF THE CELLS

The Pathology Art Event was held on Tuesday, December 16, in the Main Lobby and the Sheikh Abduljalil Venue. The event began with the opening of the portrait exhibition. A sculpture workshop was conducted by Dr. Badr Abdelraouf, Head of Plastic and Reconstructive Surgery at King Faisal Hospital. The workshop was organized in two sessions, one for female students followed by another for male students. The Sheikh Abduljalil Venue hosted the winners' announcement ceremony, during which shields and certificates were presented to the award recipients. The ceremony opened with welcoming remarks from the Acting Dean, Dr. Mohamed Sheikh, who greeted the students and guests. This was followed by speeches from Dr. Ikhlas, Dr. Noha, Dr. Badr, and Dr. Wed. The winners were then formally announced and honored with their shields and certificates.





JEDDAH BOOK FAIR





On the occasion of World Arabic Language Day, the Student Development Unit organized an educational trip for our students to the Jeddah Book Fair at the Superdome. The visit aimed to enhance the status of the Arabic language among the students and strengthen its connection to cultural and intellectual identity. The students toured the various sections of the fair, exploring displays and activities that highlight the beauty and importance of the Arabic language. The visit also provided an opportunity for interaction and questions, contributing to the development of their linguistic and cultural awareness. The trip successfully achieved its educational objectives while supporting meaningful extracurricular activities and fostering pride and a sense of belonging to the Arabic language.





BUPA ARABIA SITE VISIT



Organized by the Alumni Unit and coordinated by Ms. Nora Bukhari, the visit to Bupa Arabia provided students with valuable exposure to a professional corporate environment within the healthcare insurance sector. It offered an opportunity to interact with the Human Resources and Talent Acquisition team, enhancing students' understanding of workplace culture and professional expectations. The visit was conducted under the supervision of Ms. Afnan Reda from the Nursing Department and Ms. Hanaa Bernawi from the Medicine Department. The visit was well organized and followed the scheduled timeline, contributing to a smooth and productive experience for all participants.



WEEKLY NEWS MAGAZINE

WEEK 15

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Ms. Manar Algarni

WINNING 1ST PLACE IN

THE PREMIER LEAGUE KARATE CHAMPIONSHIP



Jouri Handawi is a Dentistry student, a professional karate athlete at Karate Club . She achieved a remarkable accomplishment by winning 1st place in the Premier League Championship, held on November 12, 2025, and has an outstanding athletic record, having participated in numerous competitions and consistently achieved top-ranking positions in all tournaments she competed in, reflecting her dedication, discipline, and excellence in sports.



DEBATE TOURNAMENT



D e b a t e C l u b

The fourth and final Preliminary Round featured an engaging debate on the motion "Private education impedes meritocracy," with The Advocates facing off against The Hustle in a thought-provoking exchange on whether private education promotes fairness or deepens inequality. Both teams delivered strong arguments and compelling rebuttals, keeping the audience fully engaged throughout the round. With a persuasive and well-structured case, The Advocates emerged as the winners, securing the final spot in the semifinals and concluding the preliminary rounds with a strong and memorable performance.







WEEKLY NEWS MAGAZINE

WEEK 20

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DEBATE TOURNAMENT SEMIFINAL

Debate Club

The semi-final of the Debate Tournament featured an engaging discussion on the motion: The House Believes that Mental illnesses are over diagnosed. Two teams, Jester's Advocates and Ethos, competed in a structured debate where each side, affirmative and negative, presented well-researched arguments, rebuttals, and cross-examinations. The event began with opening statements and progressed through dynamic exchanges of ideas, allowing participants to challenge opposing viewpoints with logic and evidence. A panel of judges evaluated the debaters based on argumentation, clarity, and delivery, while audience members voted for the team that persuaded them the most, adding an interactive and engaging element to the competition.







WELLNESS FAIR

Mind and wellness club



The Mind & Wellness Fair was an event organized to promote mental and physical well-being among students. It included interactive booths, activities and educational materials about stress management, self-care, healthy habits, and emotional health. The event encouraged students to learn how to take care of their mental health, seek support, and keep a balanced lifestyle in a positive and supportive environment.





DENTAL AWARENESS AT SERAFI MEGAMALL

The Dental Awareness Campaign at Alserafi Mall was a community outreach initiative organized by the Dental Club at Batterjee Medical College and SRSU. The activity aimed to promote oral health awareness and preventive dental care among the general public in a public setting. The event included oral hygiene education, awareness discussions, Visitors received general oral health advice and preventive guidance. The campaign was conducted under faculty supervision and involved students from different BMC programs, and collaboration with the nursing program, reinforcing interdisciplinary collaboration and community engagement.









WEEKLY NEWS MAGAZINE

WEEK 21

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ORAL AWARENESS CAMPAIGN AT المدرسة النموذجية السابعة



THE DENTAL CLUB

The Dental Club under the supervision of Dr. Hanadi Al-Wafi, organized a School Oral Health Visit, a community outreach initiative targeting elementary school children in Grades 1–3. The event included live toothbrushing demonstrations, a child-friendly clown performance to reinforce oral hygiene messages, interactive games, and the distribution of oral care items such as toothbrushes, toothpaste, stickers, and coloring sheets. The activity successfully promoted preventive dental care while providing students with practical experience in community engagement.





Anti-Corruption Day

Nazaha Club

The Nazaha Club successfully organized the Anti-Corruption Day event in the BMC Female Lobby on January 27, 2026, in alignment with Nazaha KSA's mission and the observance of International Anti-Corruption Day. The event aimed to raise awareness and promote integrity and ethical conduct among female students from various academic programs through six interactive booths addressing key topics such as understanding corruption, financial corruption, community prevention, anti-corruption laws in Saudi Arabia, ethical challenges in the medical field, and personal responsibility. Students actively participated in presentations, discussions, and engaging activities, contributing to a collective pledge that reflected their commitment to ethical behavior. Overall, the event successfully achieved its objectives by educating and inspiring students, while fostering a culture of transparency, accountability, and integrity within the college community.









THE PATIENT'S AUTOPSY

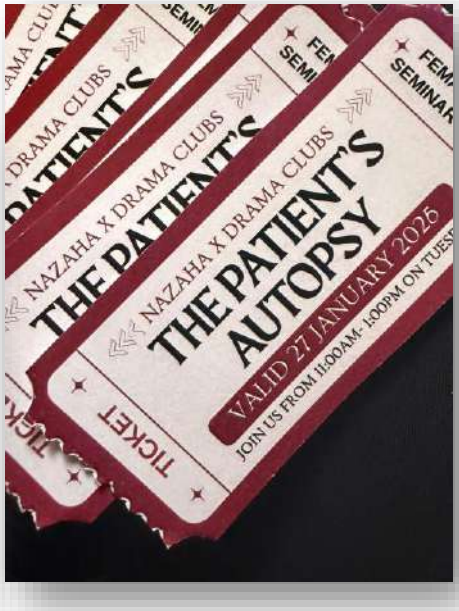
Nazaha & Drama Clubs





The Nazaha Club and Drama Club collaborated to present "The Patient's Autopsy: A Prequel to Justice" on January 27, 2026. The three-act play explored medical ethics, forensic pathology, and healthcare accountability through a realistic and immersive dramatization of a patient's death caused by delayed diagnosis of appendicitis, followed by its legal and institutional consequences. Using authentic forensic settings, multimedia, and interactive elements, the performance engaged female medical students in critical ethical reflection, highlighting how one medical case can be viewed through clinical, emotional, legal, and administrative perspectives, and effectively setting the stage for the upcoming sequel.





LENSES AND EYE CARE



The Health Awareness Club, in collaboration with the Skills Development Club and the Medical Students Club (Ophthalmology), organized an interactive workshop titled “Correction of Error of Refraction: When, How, and Why?” presented by Dr. Hader Ibrahim Sakr. The workshop covered the clinical assessment and management of refractive errors, methods of correction, indications for intervention, and the rationale for achieving optimal visual acuity and ocular comfort. The session was well-received and contributed to strengthening participants’ clinical understanding of eye care and refractive error management.





INFLUENCER'S CLUB SPARK CHALLENGE SHOWCASES AI-POWERED MENTAL HEALTH INNOVATION



INFLUENCER'S CLUB

The Influencers Club, mentored by Ms. Manar Algarni, recently organized the Spark Challenge: AI-Powered Mental Health Innovation, an inspiring event that brought together creative student minds to explore innovative solutions in mental health powered by artificial intelligence. Six teams presented seven-minute pitches showcasing creativity, research, and teamwork. Notable projects included The Compass Mirror (personalized anxiety management), NAFS (AI mental wellness companion for Saudi Arabia), and LucidCare (wearable tech for stress regulation). The event highlighted students' commitment to ethical, socially responsible mental health innovations and the power of student-led initiatives in shaping a healthier future.



TRIP TO HISTORIC JEDDAH (ALBALD)





The visit to Historic Jeddah, supervised by Ms. Fatima Saidi from the Physical Therapy Department in collaboration with Ms. Alyaa Najdi from the International Office, and organized in cooperation with the Ministry of Culture, aimed to connect students with the local heritage and enhance learning through a hands-on experience. During the visit, students toured the Tariq Abdel Hakim Museum in the heart of Historic Jeddah, which celebrates one of the most famous musicians and composers in the Kingdom, allowing them to discover the rich cultural heritage of Saudi music. The trip also contributed to raising their cultural awareness, developing critical thinking skills, and strengthening social bonds, while providing an opportunity to explore Saudi history and traditions in an interactive educational environment.







WEEKLY NEWS MAGAZINE

WEEK 22

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The History Club:
Time Travelers' Fair

The Time Travelers' Fair offered participants an immersive journey across six remarkable historical eras, transforming learning into a vibrant, hands-on experience.

From Prehistoric Times and Ancient Greece to the Golden Age of Islam, the Mughal Empire, Medieval Europe, and the Age of Exploration, each creatively designed booth showcased cultural traditions, daily life, major achievements, and iconic elements of its time. Interactive quizzes, mini-games, and engaging activities encouraged active participation, making history both fun and memorable.





Overall, the fair successfully blended entertainment with learning, sparking curiosity, enriching historical awareness, and leaving participants inspired by the stories of the past.

The Health and Beauty Club: Self-Care and Wellness Carnival

The Self-Care & Wellness Carnival created an uplifting and interactive space where students explored the importance of physical, mental, and emotional well-being.



Through thoughtfully designed educational booths, participants learned about skincare and acne care, stress management, healthy sleep habits, and mental wellness.

Hands-on DIY skincare activities, confidence-boosting beauty sessions, wellness games, and a self-love photo booth encouraged active engagement while promoting self-confidence and positive habits.





Al Fursan Club:
Beyond the Degree

The *Beyond the Degree: Meet the Course Directors* panel brought together academic leaders from BMC programs to support students in early career planning and informed decision-making. Representatives from Nursing, Occupational Therapy, Physical Therapy, Radiology, Pharmacy, and Health Management shared valuable insights into career pathways, postgraduate opportunities, and professional prospects within each field. The interactive discussion strengthened communication between students and faculty while addressing common concerns about life after graduation. By offering clear guidance on future options, the panel helped reduce uncertainty and empowered students to take confident steps toward their professional goals.





The Tourism Club: The Tourism Industry and its Future in Saudi Arabia





This educational activity offered students valuable insight into the future of Saudi Arabia's tourism sector under Vision 2030, highlighting the Kingdom's rapid transformation and expanding opportunities within the industry. Participants explored emerging tourism sectors, potential career paths, and the impact of mega tourism projects shaping the nation's global profile.
Overall, the event reinforced the Tourism Club's mission to educate and inspire students to be part of Saudi Arabia's evolving tourism landscape.





The Animal Welfare Club: Trip to DJ Kennel

The Animal Welfare Club organized an enriching trip to DJ Kennel, offering students a hands-on opportunity to learn about animal care, ethical treatment, and welfare awareness in a supportive outdoor setting. Guided by the park supervisor, participants explored daily care routines, feeding practices, and safe interaction techniques across a variety of animals, including cats, dogs, parrots, monkeys, birds, turkeys, and Australian ostriches.







Beyond education, the experience provided a therapeutic break from academic life, promoting relaxation, emotional well-being, and positive social interaction. Students developed empathy, responsibility, and a deeper appreciation for animal welfare through direct engagement.

The Nazaha Club: Anticorruption Awareness Campaign at Dar Jana International School





The Nazaha Club conducted an Anti-Corruption Awareness campaign at Dar Jana International School, through engaging and interactive learning experiences. The program began with an informative presentation outlining the concept of corruption, Saudi Arabia's national anti-corruption efforts, and key principles promoted by the Nazaha Authority. Students then explored five themed booths addressing financial, academic, legal, personal responsibility, and medical corruption. Through real-life scenarios, games, discussions, and reflection activities, participants developed practical skills to recognize and resist unethical practices in everyday situations. The event concluded with student pledges to uphold ethical behavior and the distribution of themed giveaways, creating a positive and memorable atmosphere.

The Volunteering Club: Equine Therapy for Special Needs Children



The Volunteer Club's Equine Therapy for Special Needs Children activity created a heartwarming and uplifting experience focused on emotional well-being, joy, and positive social interaction. Designed as part of the club's annual community outreach, the event brought children together for a day filled with games, face painting, treats, and engaging activities in a supportive environment. Beyond fun and laughter, the initiative encouraged teamwork, communication, and confidence while offering meaningful stress relief and lasting positive memories for the children. Through movement, play, and compassionate engagement, the activity promoted both emotional growth and physical coordination.



WEEKLY NEWS MAGAZINE

WEEK 23

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Ms. Manar Algarni

RADIOLOGICAL SCIENCES LAB VISIT FOR PY STUDENT



Radiological Sciences Program

This activity involves an educational visit to a radiology lab with all departments, where students are introduced to clinical imaging practice in X-ray and ultrasound rooms. The visit aims to enhance students' understanding of radiological modalities, safety practices, and professional roles by linking theoretical knowledge with real-world clinical practice. The visit aimed to strengthen students' understanding of various radiological modalities, reinforce safety standards, and clarify the professional roles within the radiology team. By bridging theoretical knowledge with practical application, the experience enhanced students' clinical awareness, enriched their academic learning, and prepared them for future professional practice in the healthcare field.





THE ART OF MOVEMENT

Physical Therapy Program





A structured Physical Therapy Program was organized as part of The Art of Movement event, aiming to promote awareness of the importance of movement and its vital role in maintaining a healthy lifestyle. The event showcased various aspects of physical therapy, including innovative techniques, therapeutic exercises, and lifestyle adjustments that supported improved mobility and overall well-being. Through engaging booths, interactive activities, and expert-led discussions, participants explored practical ways to integrate healthy movement into their daily lives. The program provided hands-on experiences such as functional movement assessments, personalized exercise demonstrations, posture correction guidance, and injury. The event also highlights collaboration with external partners, offering valuable insights into the latest advancements in physical therapy and healthcare services.





BOOK EXCHANGE

Medicine Program



The Medicine Program organized the **4th Annual Book Swap**, providing students and faculty members from all programs with the opportunity to participate in a book exchange event held in an engaging and welcoming atmosphere. Participants brought the tickets they had received during the book drop-off period and exchanged each ticket for a book of their choice from various genres—excluding medical books. The event witnessed notable attendance and active participation, along with a variety of accompanying activities that contributed to promoting a culture of reading and knowledge sharing among the college community.





ADOPT A PLANT

The Medicine Program, in collaboration with the Student Development Unit and the Student Welfare Unit, organized the "Adopt a Plant" initiative aimed at promoting the importance of agriculture and environmental responsibility among students. The initiative saw remarkable participation from both female and male students according to the scheduled timetable, giving each participant the opportunity to adopt a plant and take it home. Participants also planted several plants in the outdoor gardens of BMC. After planting them in pots, they painted the pots in preparation for adopting the plants, all within an educational and interactive atmosphere that reflected the college community's commitment to sustainable environmental practices.







FOOD TRUCK FESTIVAL

Medicine Program



The Food Truck Festival enlivened the campus, organized by the Medicine Program with Dr. Lujain Al-Nasr. The event attracted students, faculty, and staff, with a variety of local food trucks offering diverse dishes, ranging from favorite savory meals to desserts, along with refreshing beverages and a selection of teas. The festival went beyond simply providing food and drinks, fostering a sense of community and connection, and providing an informal setting for socializing and building relationships. The event highlighted the importance of community engagement and student life beyond the classroom.







مبادرة نغرسها للاستدامة

Social Responsibility Unit

The Branch of the Ministry of Environment, Water, and Agriculture in the Makkah Region, represented by the Non-Profit Organizations Department, implemented a tree-planting initiative at the Batterjee Medical College, in collaboration with the Social Responsibility Unit with Dr. Nouf Al-Sharif. This initiative was part of the implementation of the memorandum of understanding signed between the Ministry and the college, within the framework of joint efforts to promote environmental sustainability and foster a culture of tree planting in the educational environment. The initiative included the planting of 1,000 seedlings across the college's facilities, aiming to improve green coverage, enhance the quality of the campus environment, and support environmentally impactful initiatives, in line with the objectives of Saudi Vision 2030 in the fields of sustainability and environmental protection. This initiative contributes to achieving sustainable environmental development and maximizing the positive impact of such partnerships.





INTRODUTORY DAY FOR DODGEBALL





Female Sport Club

The Female Sport Club organized an Introductory Day for Dodgeball under the supervision of Ms. Sumaia AlFarshooti in collaboration with the Saudi Dodgeball Federation. The event aimed to introduce participants to this dynamic and engaging sport while highlighting its growing presence within the Kingdom's sports community. The program provided attendees with a comprehensive overview of dodgeball, including its fundamental rules, basic skills, and the importance of the sport in promoting teamwork, agility, and physical fitness. A certified coach from the Saudi Dodgeball Federation delivered an informative session that covered essential game techniques, safety guidelines, and official regulations. The session also included practical demonstrations, allowing participants to better understand the mechanics of the game and apply what they learned in an interactive setting. The initiative successfully encouraged students to explore a new athletic experience and fostered enthusiasm for sports participation. Overall, the event reflected the club's commitment to supporting diverse sports activities and empowering students to engage in healthy, active lifestyles.



RAMADAN BOXES

Volunteering Club



Dedicated volunteers from the BMC Volunteering Club came together for the annual Ramadan Boxes initiative, a program designed to support families in need by assembling and distributing essential food supplies for the holy month of Ramadan. The event unfolded in two key phases: first, gathering donations and purchasing supplies, followed by the hands-on assembly of the boxes. Volunteers packed essential goods such as flour, oil, tea, and dates, carefully preparing 425 boxes for distribution across Jeddah. Beyond providing food, the initiative fostered a strong sense of community, encouraged charitable giving, and reinforced the spirit of generosity. As volunteers sealed each box with care, they weren't just packing food—they were delivering hope, unity, and kindness







WEEKLY NEWS MAGAZINE

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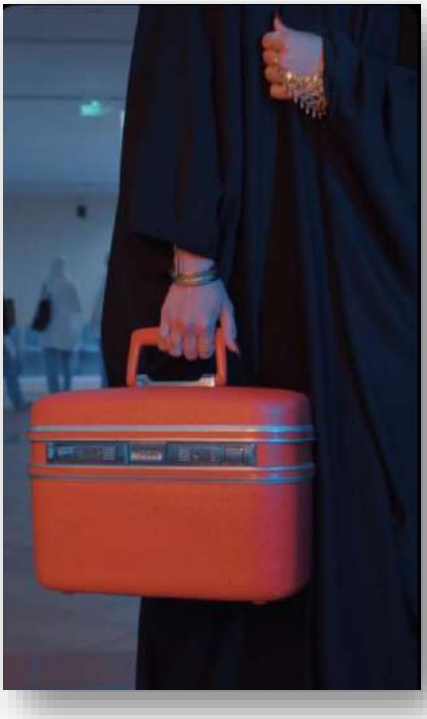
SAUDI FOUNDING DAY

Student Development Unit



The student affairs department organized a celebration on the occasion of Founding Day, during which activities were held to reflect pride in the nation's history and rich heritage. The event included a traditional costume competition, where students wore outfits representing different regions of Saudi Arabia ,reflecting the diversity and richness of Saudi culture. A popular food corner was also set up, offering items such as balila and beverages. The celebration witnessed notable interaction from students, which helped strengthen the spirit of belonging and pride in the national identity.











A NEW SPORTING ACHIEVEMENT: Third Place in the Dodgeball Championship





Female's Sports Club

The Female's Sports Club participated in the Dodgeball Activation Championship, which was held under the patronage of the Saudi University Sports Federation and in collaboration with the Saudi Dodgeball Federation at the premises of Jeddah International College. The tournament included the participation of the University of Business and Technology, the Saudi Electronic University, Dar Al-Hekma University, Effat University, in addition to Jeddah International College, and concluded with our team securing third place among universities.





WEEKLY NEWS MAGAZINE

WEEK 30

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A Joyous Eid Al-Fitr Celebration at BMC

Student Development Unit

The Student Affairs brought the spirit of Eid Al-Fitr to life with a vibrant celebration that lit up the college's Female and Male lobbies. Students were warmly welcomed with traditional sweets, colorful balloons, and the uplifting rhythm of Eid songs, creating a joyful and cheerful atmosphere throughout the campus. As part of the celebration, Eid greeting cards and festive wishes were distributed to students, spreading messages of joy, peace, and blessings for the occasion. The event reflected the Deanship's commitment to nurturing a strong sense of unity and belonging within the BMC community.







A Joyous Eid for Orphans at BMC

Volunteering Club

In the spirit of Eid Al-Fitr, the Volunteering Club at BMC organized a heartwarming celebration for orphans, aiming to share joy, kindness, and care during this special occasion. Children received gifts, new toys, and sweets as part of the festivities.

A variety of activity corners created a fun and engaging environment, including face painting, football games, agricultural activities, and coloring stations. These activities brought joy and entertainment while encouraging creativity, teamwork, and social interaction.

The initiative supported the children's emotional well-being, boosted their confidence, and fostered a sense of belonging and care. Overall, the event addressed some of their immediate needs and contributed positively to their happiness and development.









WEEKLY NEWS MAGAZINE

WEEK 31

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SCHOOL FORUM 2026

Student Affairs



The Student Development Unit within the Student Affairs Deanship At BMC, organized the School Medical Specialties Forum under the theme “Discover Your Path in Healthcare.” The event was held on the college campus in Jeddah on April 8–9, 2026, for high school male and female students. It included a range of activities such as an opening ceremony, a virtual tour of the college, a panel discussion on the future of health specialties, a student experience session titled “A Day in the Life of a Medical Student,” and an “Ask an Expert” segment to guide students in choosing their career paths. The forum also introduced attendees to various medical specialties and the admissions department, aiming to raise awareness of healthcare study pathways and prepare students for university and the labor market.





SCHOOL FORUM 2026

Student Affairs

In addition, the Ministry of Environment, Water and Agriculture participated in the awareness event, where students engaged in hands-on agricultural activities, including planting seedlings in pots. This activity helped students develop basic agricultural skills and learn how to care for plants. It also raised their awareness of the importance of agriculture and highlighted the value of volunteer work in serving the community and supporting environmental sustainability.







أنا ايجابي

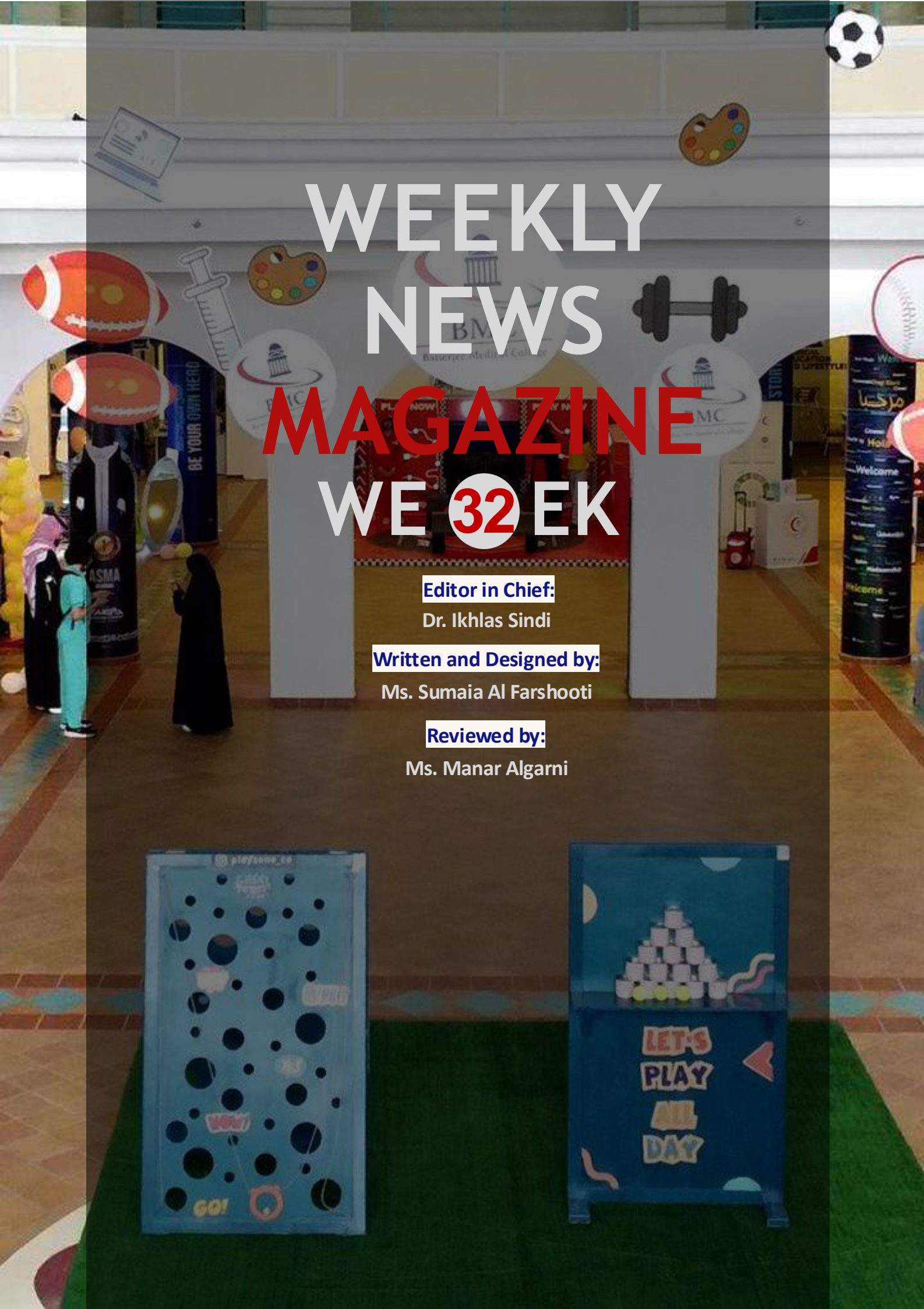
Social Responsibility Unit



The platform and initiative “أنا ايجابي” were launched in collaboration with the Positive Development Association, in the presence of several of the association’s CEOs. The event included the launch of the initiative and an introduction to its objectives and directions aimed at promoting positivity within society. During the event, the association provided a comprehensive overview of its vision, mission, and goals, as well as a detailed explanation of the “أنا ايجابي” initiative and its role in promoting positive values and community engagement. Dr. Ikhlas also introduced the college and its academic directions, highlighting the role of the Social Responsibility Unit in supporting community initiatives and strengthening effective partnerships. In addition, both Dr. Mohammed Sheikh Omar and Dr. Ikhlas honored the Positive Development Association in recognition of its efforts and contribution to supporting the initiative.







WEEKLY NEWS MAGAZINE

WEEK 32

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ANNUAL SPORTS DAY

Sports Club



On April 14, 2026, BMC Sports Club organized the Annual Sports Day event under the supervision of Ms. Sumaia Alfarshooti. The event witnessed strong attendance and active engagement from staff, as well as male and female students at the college. All participating sports clubs contributed through dedicated booths that showcased various sports activities, services, and interactive experiences for attendees, It featured a wide range of sports activities and games aimed at promoting a healthy lifestyle and encouraging regular physical activity, with participation from several fitness clubs such as Gold's Gym, Her Fitness, and Aura Gym, which offered interactive experiences for attendees. The Saudi Dodgeball Federation also participated with the goal of spreading awareness of dodgeball and introducing the sport through demonstrations and hands-on activities that attracted participants' interest.









ANNUAL SPORTS DAY

Sports Club





In addition, the Saudi Red Crescent Authority contributed by providing an educational awareness booth focused on first aid principles and emergency response, including theoretical explanations and practical training on cardiopulmonary resuscitation (CPR), as well as how to handle choking incidents and sports injuries. The event was further enhanced by the participation of Café 44X, which provided coffee and refreshments, along with contributions from several companies such as Mirolic, DeProtein, and Mountain Architecture. This collaboration among participating entities played a key role in the event's success, resulting in a well-organized and impactful experience that highlighted the importance of sports and reinforced health awareness within the educational community.





THE BMC WELLNESS FAIR 2026

The Mind & Wellness Club



The Mind & Wellness fair was an event organized to promote mental and physical well-being among students. It included interactive booths, activities and educational materials about stress management, self-care, healthy habits, and emotional health. The event encouraged students to learn how to take care of their mental health, seek support, and keep a balanced lifestyle in a positive and supportive environment.







CPR Workshop

Medicine Program





The Medicine Program organized an engaging CPR hands-on workshop for visiting middle school students, offering them a memorable and educational experience on campus. The visit began with a warm welcome and a brief campus tour, introducing the young students to the college environment.

The workshop focused on basic life-saving skills, including CPR techniques and first aid awareness. The session was conducted by Dr. Wafa Adam, with the support of faculty members and medical students, and led by Dr. Lujain Alnasr, ensuring a well-structured and enriching learning experience for all participants.







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FORENSIC CHEMISTRY

Applied Chemistry Club



An educational event was organized to showcase **Forensic Chemistry** through a series of engaging and interactive experiments, including invisible ink, fingerprint detection, UV light analysis, and blood reaction testing.

The event aimed to provide students with a practical understanding of scientific concepts by connecting theory to real-life applications in forensic science. Through these hands-on activities, students actively participated in the learning process, significantly enhancing their engagement in chemistry, deepening their curiosity, and strengthening their critical thinking skills.

Furthermore, the event increased students' awareness of the important role forensic science plays in solving real-world problems while improving their overall understanding through interactive demonstrations and guided exploration.







ESCAPE ROOM 2026
"THE PITT: EVERY SECOND MATTERS"





Medical Students' Club

The Escape Room is one of the Medical Students' Club's annual flagship events, held each year under a unique and engaging theme. This year, the event was successfully organized under the theme **"The Pitt: Every Second Matters,"** offering participants an immersive medical experience designed to simulate the fast-paced environment of an emergency room.

Working in teams, participants tackled a series of clinically oriented case scenarios focused on patient diagnosis and management. Each case unfolded through multiple stages, challenging students to interpret clinical findings and diagnostic investigations, including chest X-rays, ECGs, and laboratory results, while making timely decisions under pressure.

Structured as a competitive, time-based challenge, teams progressed through each stage by accurately solving clinical cases. The immersive setup, featuring emergency-themed visuals and timed transitions, enhanced student engagement and created a realistic simulation experience that strengthened teamwork, critical thinking, and clinical decision-making skills.







ANJAL Al AQEEQ SCHOOL VISIT



Student Development Unit

TThe college welcomed a school visit to campus, offering students an engaging and informative experience designed to introduce them to healthcare education and career pathways. The visit began with an introductory presentation delivered by the Admissions and Registration Office, highlighting the academic programs offered, scholarship opportunities, and the admissions process.



Following the presentation, students participated in a guided campus tour featuring several specialized laboratories. The tour began at the Radiology Lab, where students explored various radiology specialties and gained exposure to advanced imaging technologies. This was followed by a visit to the Pharmacology Lab, where students learned about medications and observed experimental models.



The experience continued in the Anatomy Lab, where students gained insights into human body structure and medical education, and concluded at the Dentistry Labs and Clinics, where they were introduced to dental equipment and clinical practice environments.

Overall, the visit provided an interactive and enriching learning experience aimed at inspiring students' interest in healthcare professions and offering them a closer look at the dynamic academic environment at BMC.

A DETECTION STARTS WITH A BREATH.



Respiratory Therapy Program

The Respiratory Therapy Program organized a health awareness event on **Pulmonary Function Testing (PFT)** for employees of SAGA Company on Tuesday, April 21, 2026, as part of its efforts to promote respiratory health and preventive care.

The event aimed to raise awareness about lung health and the importance of early detection of respiratory diseases. Participants were introduced to the respiratory system and the role of pulmonary function testing in diagnosing and monitoring lung conditions.

As part of the initiative, employees received educational guidance on the test and its procedure, along with on-site pulmonary function testing and interactive activities designed to strengthen health awareness and encourage preventive healthcare practices.



(OT WORLD)

EXPLORE & DISCOVER THE WORLD OF OCCUPATIONAL THERAPY



The Occupational Therapy (OT) Orientation was conducted in both the male and female halls to introduce Preparatory Year (PY) students to the Occupational Therapy program. Students attended in organized groups and rotated through six interactive stations designed to provide an engaging and hands-on learning experience.

The stations were divided into three main sections, including an introduction to the field of Occupational Therapy, simulations of various OT practice areas such as pediatrics, mental health, rehabilitation, assistive technology, activities of daily living (ADLs), and community practice, as well as a section highlighting future career opportunities.

The event offered students valuable insight into the profession, providing an interactive and informative experience that enhanced their understanding of Occupational Therapy and its diverse areas of practice.













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DRUG AWARENESS EVENT: KNOWLEDGE IS PREVENTION



Student Welfare Unit



On April 28, 2026, the Student Welfare Unit within the Student Affairs Deanship at Batterjee Medical College (BMC) organized a Drug Awareness Event aimed at raising awareness about substance abuse prevention, medication misuse, mental health support, and healthy lifestyle choices among students and the wider college community. The event was held in line with BMC's commitment to enhancing student well-being, preventive education, and community collaboration through evidence-based awareness initiatives. It featured the participation of several governmental, healthcare, academic, and community entities, including the Directorate General of Narcotics Control, King Abdullah Medical Complex, Eradah Complex for Mental Health, King Abdulaziz University Psychology Department, Kafa Organization, Etizan Center, Motmaina Medical Center, and Al-Subh Hospital.





DRUG AWARNESSES EVENT: KNOWLEDGE IS PREVENTION

Student Welfare Unit

Participating entities and BMC academic programs provided awareness booths and educational discussions covering various topics related to substance abuse prevention and recovery. Key topics included the relationship between physical activity and drug prevention, the impact of addiction on oral health, the psychological and social effects of substance abuse, the role of Occupational Therapy in recovery, and medication safety with a focus on prescription drug misuse.



The Directorate General of Narcotics Control also conducted awareness workshops titled “Security Awareness for the Prevention of Drug-Related Crimes”, highlighting prevention strategies, legal awareness, and community responsibility. The event witnessed active participation from multiple BMC programs, including Medicine, Pharmacy, Nursing, Dentistry, Physical Therapy, Radiology, Respiratory Therapy, Occupational Therapy, the Preparatory Year, and the Nazaha Club. Overall, the event successfully enhanced awareness and promoted a culture of prevention, responsibility, and healthy lifestyle choices among students and the college community.









Cell-ebration of Life Experiments



BMC welcomed students from Dar Alamjad to its laboratories as part of an educational initiative aimed at enhancing high school students' understanding of biological concepts through practical application and real laboratory experience. The students participated in several biology experiments, including the determination of human blood groups (blood typing) using the agglutination method, extraction of DNA from strawberry cells, investigation of catalase enzyme activity in different biological tissues, and microscopic examination of plant and animal cells. The visit successfully promoted scientific curiosity, strengthened students' laboratory observation and analytical skills, encouraged responsible laboratory conduct and safety practices, and increased students' interest in biology and health sciences.



PEER POWER: PUBLIC HEALTH EDUCATION FOR ALL

Health Management Program



The Health Management Program, in collaboration with the Community Responsibility Unit, organized an awareness initiative focused on mental health. The campaign included short and engaging presentations lasting 2–5 minutes, delivered in a clear and culturally appropriate manner for a diverse community audience. Educational materials such as brochures, handouts, and digital resources were also provided to share reliable information, correct misconceptions, and offer practical strategies to support mental well-being. In addition, the campaign featured interactive activities including guided discussions, real-life scenarios, and awareness exercises, which allowed participants to engage, ask questions, and reflect on their own experiences and understanding. The event was conducted during Week 10, with interactive stations organized in two time slots for Group Hm3 followed by Group Hm2, ensuring effective participation from all attendees. Overall, the initiative successfully created an inclusive and supportive learning environment that promoted dialogue, awareness, and shared understanding of mental health.







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Silver Medal in Kingdom Boxing Championship

Under the Saudi Boxing Federation

Jori Bagtian

Jouri Bagtian, a Nursing program student (N3) achieved a remarkable athletic accomplishment after participating in the Women's Open Championship for all categories at the national level, organized by the Saudi Boxing Federation and held at UBT in Jeddah from April 30 to May 2. She won the silver medal in the 65 kg category at the national level. This achievement reflects her dedication, discipline, and perseverance, highlighting her ability to excel beyond the academic setting. It also contributes to enhancing the distinguished image of the college and promoting a culture of well-being, resilience, and positive competition among students.



OUTSTANDING ACHIEVEMENT AT THE RIYADH DODGEBALL CHAMPIONSHIP

Noor Alwosebai

Noor Alwosebai from the Medicine Program achieved a remarkable sports accomplishment after participating with the Saudi Dodgeball Federation in the Riyadh Dodgeball Championship. She secured second place in the Cloth Dodgeball competition and third place in the Foam Dodgeball competition. This achievement reflects the excellence of students and their ability to balance academic success with active participation in sports. We congratulate Noor on this accomplishment and wish her continued success in both her academic and athletic journey.







Central Line & Intubation Workshop

Medicine Program

This workshop was held as part of the medical program with the aim of developing participants' clinical and practical skills in the field of emergency medicine and critical care. The trainees received intensive hands-on training in central venous catheter insertion and airway management using the latest approved medical techniques, including endotracheal intubation and safe, effective management of critical cases. Participants also engaged in practical applications and supervised training sessions, which provided them with direct experience in performing medical procedures. This contributed to enhancing their professional competence, as well as improving their ability to make quick decisions and manage various emergency situations confidently within the clinical setting.







Celebrating World Hospitality Day





Tamkeen AlMustamir Institute

Tamkeen Al Mustamir Institute (TMI) organized a special celebration for World Hospitality Day involving students from the Luxury Hospitality, Food & Beverage, and Health & Wellness Tourism programs. The event aimed to celebrate the importance of the hospitality industry while providing students with an interactive experiential learning opportunity. The celebration included hospitality-themed activities, live demonstrations, cultural presentations, food and beverage showcases, hospitality concepts, student-led engagement activities, and collaborative team projects. Students participated in organizing and managing different aspects of the event to simulate real hospitality operations and enhance industry-relevant competencies. The event also served as a platform to strengthen teamwork, professionalism, creativity, and communication skills while reinforcing the institute's commitment to practical vocational education and alignment with international hospitality standards and Saudi Vision 2030.





PATIENT EXPERIENCE



Health Management Program

The initiative was organized by the Health Management Program in collaboration with the Social Responsibility unit, and it focused on patient experience as the sum of all interactions including communication with staff, environmental cleanliness, and responsiveness to patient needs, all of which shape patients' perceptions of care from admission through discharge. It emphasized safety, empathy, and the provision of clear information as core elements that directly influenced health outcomes and patient satisfaction, highlighting the importance of delivering patient-centered care and continuously improving the quality of healthcare services.







Emergency Medicine Specialty and Saudi Board Orientation

Medical Students' Club

Batterjee Medical College (BMC) hosted an interactive Emergency Medicine session presented by Dr. Anas Hamam. The event was attended by the Dean of the College, Dr. Mohammed Shaikh, and the Head of the Program, Dr. Abdullah Al-Milaibary, and was organized by the Medical Students' Club and the Emergency Medicine Club. The session aimed to introduce students to the role, scope, and real-life practice of Emergency Medicine, while highlighting the lifestyle of emergency physicians, including both challenges and rewards, as well as outlining the career pathway. It emphasized the importance of Emergency Medicine as the first line of care for critically ill patients and the need for rapid decision-making, teamwork, and the ability to work under pressure. The session also discussed the positive aspects of the specialty, such as exposure to diverse cases and the opportunity to make immediate life-saving interventions, alongside challenges like high stress and long working hours. Overall, the session provided students with a clearer and more practical understanding of Emergency Medicine and supported their future career planning.





SUMMER ELECTIVES SHOWCASE



Medical Students' Club

The Medical Students' Club organized "The Summer Electives Showcase," a full-day event that introduced students to a variety of summer elective opportunities offered by leading hospitals and healthcare institutions. The event included seminar sessions and interactive booths, where students had the opportunity to meet hospital representatives and learn more about elective programs, application procedures, and training opportunities. The showcase successfully provided students with valuable insights and guidance regarding their future clinical training experiences.







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WEEK 36

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Annual Holy Quran Competition 2026



SDU & Islamic Youth Club

The Annual Holy Quran Competition 2026 was successfully organized across Batterjee Medical College's Jeddah, Dammam, and Asir branches, providing students with an opportunity to demonstrate their memorization, recitation, and understanding of the Holy Quran. The competition witnessed strong participation from students across all branches, reflecting the college's commitment to promoting Islamic values and encouraging excellence beyond the classroom. The competition progressed through a series of qualifying rounds to identify the college's outstanding male and female participants. The final rounds were conducted in collaboration with the Khairkum Association, with participants from the Jeddah branch attending in person and students from the Dammam and Asir branches joining remotely via Microsoft Teams. Following the final evaluations, the winners were announced and recognized during a special awards ceremony attended by the Dean of the College, the Vice Dean of Student Affairs, and representatives of the Khairkum Association. The ceremony celebrated the achievements of the participants and honored the judges whose efforts contributed to the success of this meaningful annual event.







BMC WELLNEX Forum 2026



Research and Innovation for Health, Wellness, and Medical Tourism







The BMC WELLNEX Forum 2026, hosted by Batterjee Medical College, was successfully held to advance health, wellness, and medical tourism through research excellence, innovation, and improved healthcare delivery.

The forum brought together academics, healthcare professionals, innovators, policymakers, tourism stakeholders, and industry partners to discuss key themes including integrated health systems, clinical quality, patient experience, governance, digital transformation, and destination readiness.

The program featured keynote speeches, expert panel discussions, research poster presentations, and an innovation and exhibition showcase. The event concluded with appreciation remarks highlighting the outcomes and contributions of participating stakeholders.



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WEEK 37

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Mosaic Workshop & Meditation

Student Development Unit
Student Welfare Unit

The Student Development Unit, in collaboration with the Student Welfare Unit, organized a recreational yacht trip featuring a Mosaic Art Workshop and a guided meditation session titled “How to Understand Your Emotions.” The activity aimed to provide students with an opportunity to relax, engage in creative expression, and enhance emotional wellbeing in a calm and supportive environment. Students participated in interactive activities that encouraged mindfulness, self-discovery, and social engagement while enjoying a refreshing experience away from their daily academic routine.



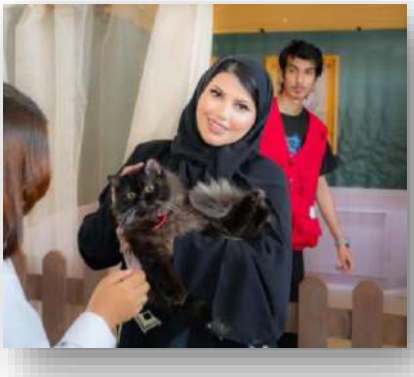




Annual Pet Therapy Event

Student Welfare Unit









The Annual Pet Therapy Event was hosted by the Student Welfare Unit as part of its ongoing commitment to promoting student well-being and mental health. The event was organized in collaboration with IZOO featured the participation of two leading veterinary hospitals: International Animal Care and Tree of Life Veterinary Hospital. Students had the opportunity to interact with a variety of animals in a safe and supervised environment while learning about the benefits of animal-assisted therapy. The event aimed to provide a relaxing and enjoyable experience that helped reduce stress, promote emotional well-being, and encourage positive social engagement among students.





WEEKLY NEWS MAGAZINE

WEEK 40

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Debate Tournament Final



Debate Club

The final of the Debate Tournament featured an engaging discussion on the motion: **The House believes that life-sustaining treatment should be withdrawn from patients in an irreversible coma**. Two teams, Triple Helix and Jester's advocates, competed in a structured debate where each side, affirmative and negative, presented well-researched arguments, rebuttals, and cross-examinations. The event began with opening statements and progressed through dynamic exchanges of ideas, allowing participants to challenge opposing viewpoints with logic and evidence. A panel of judges evaluated the debaters based on argumentation, clarity, and delivery, while audience members voted for the team that persuaded them the most, adding an interactive and engaging element to the competition.

Virtual Reality in Medicine



The Medical Technology Club organized an educational session titled “Virtual Reality (VR) in Healthcare: From Medical Education to Clinical Practice,” which was delivered by Eng. Mishaal Alqarni, an information technology specialist and researcher in emerging technologies with expertise in VR, AI, and cybersecurity. The session aimed to introduce participants to the growing role of immersive technologies in healthcare, where the applications of VR in medical education, simulation-based training, clinical practice, rehabilitation, and patient care, as well as the future of digital health, were explored. It was also highlighted how VR could support safer training environments, enhance learning experiences, and contribute to innovation in healthcare delivery.

Medical Technology Club

How Buildings Can Prevent Disease

Medical Innovation Club





The interview with Mr. Hossam Abu Assaad highlighted the importance of integrating architecture and medicine, as it significantly enhanced the audience's understanding and reinforced their understanding of this concept. A compelling example was presented comparing buildings to the human body, highlighting similarities in specific functions and design principles, which left a strong impact on the attending professors and students, who took detailed notes. The interview successfully achieved its objective of emphasizing the essential relationship between both disciplines and demonstrating its alignment with one of the goals of Vision 2030 in supporting preventive healthcare approaches. It also marked the first workshop in the club's series titled "The Importance of Innovation in Prevention," focusing on the role of innovative architecture in disease prevention.

Field Visit to Bupa Arabia



As part of their professional development and industry exposure, HM3 students (Male and Female) visited Bupa Arabia to explore the role of health insurance within the Saudi healthcare system. The visit offered students an opportunity to interact with industry professionals, observe key operational functions, and learn about the integration of insurance services with healthcare delivery. This experience supported students' understanding of current industry practices while fostering awareness of career opportunities and emerging trends in healthcare management and insurance.

Health Management Program



WEEKLY NEWS MAGAZINE

WEEK 41

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TRIP TO THE SAUDI CENTER FOR FINE ARTS



Art Club

On Wednesday, 17th June, the Art Club organized a visit to the Saudi Center for Fine Arts. After arriving at the gallery, students were welcomed by a tour guide who provided insightful explanations about the artworks, their techniques, and the inspirations behind them. The collection featured a diverse range of paintings and sculptures reflecting both contemporary and traditional artistic styles. Throughout the visit, students explored the galleries with great interest, engaged in discussions, and gained inspiration for their own creative work. They also captured memorable moments with friends and fellow club members through photography. The trip was both enjoyable and educational, enhancing students' appreciation of visual arts while strengthening the sense of community within the club.



PREPARING FOR A FIELD TRIP WORKSHOP



Photography Club

Through interactive discussions and creative planning activities, participants learned how to balance organization with creativity when planning events and visits. The workshop emphasized the importance of considering details such as timing, atmosphere, and participant engagement when creating meaningful experiences. It also served as valuable preparation for the club's upcoming visit, encouraging participants to capture meaningful moments through photography while developing their event planning skills.

A SIGHT TO SEA



Drama Club

A one-act educational play was presented to explain the visual pathway through an engaging pirate-themed adventure. Using storytelling, acting, diagrams, and visual projections, the performance illustrated how visual information travels from the retina to the visual cortex while highlighting the functions of key structures within the visual pathway. The play also demonstrated how damage to different parts of the visual pathway can lead to various visual field defects. By combining scientific concepts with humor and creativity, the activity successfully simplified complex neuro-ophthalmology topics and provided participants with an enjoyable and memorable learning experience.







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3RD YEAR MEDICINE PROGRAM POSTER PRESENTATION DAY

Medicine Program

The M3 students successfully presented their elective block assignments on Research Methodology and Clinical Nutrition during the Poster Presentation Day. Each group displayed and discussed their assigned topic through scientific poster, demonstrating their understanding and ability to communicate key concepts effectively. The presentations were evaluated by the instructors according to the established assessment criteria, with each presentation contributing to the students' overall academic evaluation.











Batteriee Medical College

Medical Education
and Lifestyle



BMC

كليـــات البتـــرجي الطبـــية
BATTERJEE MEDICAL COLLEGES
SCIENCE AND TECHNOLOGY والعلـــــوم والتكنولوجـــيا

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